

On Cooking 5th Edition Labensky

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for nearly two decades on cooking a textbook of culinary fundamentals has instructed thousands of aspiring chefs in the culinary arts the fifth edition update continues its proven approach to teaching both the principles and practices of culinary fundamentals while guiding you toward a successful career in the culinary arts teaching and learning experience the text's time tested approach is further enhanced with myculinarylab a dynamic online learning tool that helps you succeed in the classroom myculinarylab enables you to study and master content online in your own time and at your own pace builds a strong foundation based on sound fundamental techniques that focus on six areas essential to a

well rounded culinary professional professionalism preparation cooking garde manger baking and presentation a wealth of chapter features helps you learn practice and retain concepts this is the stand alone version of the text a package is available containing both the text and myculinarylab with pearson etext using isbn 0133829170

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pork fish seafood meatless pasta pizza grains rice beans veggies fruits salads salad dressings sauces condiments quick breads yeast breads cookies bars candies pies tarts cakes desserts indexes

the ninth edition of professional cooking reflects the changing nature of our understanding of cooking and related fields such as food safety nutrition and dietary practices as well as new thinking about how best to teach this material what has not changed is the core material that focuses on the essentials the comprehensive understanding of ingredients and basic cooking techniques that are the foundation of success in the kitchen and the development of manual skills to apply this knowledge

presents cooking principles from around the world to create the simplest most delicious recipes ever created with six or fewer ingredients that makes it easy to be a great cook in minutes

essentials of professional cooking second edition focuses on fundamental cooking procedures and techniques functions of ingredients and desired results to empower the reader with the keen understanding necessary to prepare virtually any dish to perfection without relying solely on a recipe specially constructed to meet the on the job demands of food service managers the streamlined approach of essentials of professional cooking second edition extends the benefits of this material to students and professionals in hospitality management and food service management

this is the best selling undergraduate food preparation textbook in the marketplace it has a long standing reputation for being comprehensive yet easy for students to understand and follow wayne gisslen s reputation for being able to simply yet comprehensively communicate information to beginning chefs is unsurpassed professional cooking seventh edition includes videos that will help further illustrate the correct techniques in the kitchen on top of that there are over 100 new recipes some with particular emphasis on international cooking enhanced visual program includes over 220 new color photos including plated dishes procedures and products approximately 100 new recipes have been added for a total of 650 recipes plus another 600 variations more focus on international recipes and variations enhanced topical coverage on such things as food science molecular gastronomy international recipes and culinary maths chapter 10 understanding meats now includes all information on meat fabrication in one convenient place up to date nutrition guidelines thoroughly revised and enhanced culinare companion recipe management software contains all recipes from the book and 90 bonus recipes the software is available through download with the registration code in the back of the book

for courses in cooking and food prep market leading cooking text for over two decades on cooking a textbook of culinary fundamentals has prepared students for successful careers in the culinary arts clear and comprehensive this best selling text teaches the hows and whys of cooking and baking principles while providing step by step instructions visual guidance and recipes to clarify techniques the 6th edition expands its fundamentals

approach reflects key trends and adds information on healthy cooking sous vide curing and smoking plus dozens of new recipes and more than 200 new photographs mylab culinary is not included students if mylab culinary is a recommended mandatory component of the course please ask your instructor for the correct isbn mylab culinary should only be purchased when required by an instructor instructors contact your pearson representative for more information

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